

WORDS TO RECALL

During this fifth week of Lent as you journey with Jesus, you could take time to recall other words from the Psalm this week.

What marvels the Lord works for us

We were glad

Deliver us O Lord

They come back, full of song



LIVING WORD

WEEK 5: Do not judge



READ From the Gospel of John 8: 1 – 11

Early in the morning Jesus went back to the Temple. All the people came to Jesus, and he sat and taught them.

The teachers of the law and the Pharisees brought a woman there. She had been caught sinning. They forced the woman to stand before the people. They said to Jesus, "Teacher, this woman is a sinner. The law of Moses says women like this should be stoned to death. What do you say we should do?"

They were asking this to trick Jesus so that they could have some charge against him.

But Jesus knelt down and started writing on the ground with his finger. They continued to ask Jesus their question.

So he stood up and said,

"Is there anyone here who has never sinned? The person without sin can throw the first stone at this woman."

Then Jesus knelt down again and wrote on the ground.

Those who heard Jesus began to leave one by one. Jesus was left there alone with the woman. She was standing before him. Jesus stood up again and asked her, "Woman, all of those people have gone. Has no one judged you guilty?"

She answered, "No one has judged me, sir."

Then Jesus said, **"So I also don't judge you. You may go now, but don't sin again."**

THE GOSPEL OF THE LORD

PRAISE TO YOU LORD JESUS CHRIST



REFLECT

- What words or phrases strike you?
- When have you experienced the freedom of not being judged?
- How did this experience help you?
- What do you think Jesus wrote on the ground?

RESPOND

As we deepen our journey with Jesus we ask him to help us be more open to changing our lives

Lord have mercy and help us

For the times when we have hampered others from following a new path

Lord have mercy and help us

For the times when we rushed to judge another person

Lord have mercy and help us

For the times when we have been harsh with ourselves

Lord have mercy and help us

For those in this world who are treated harshly in any way

Lord have mercy and help us

REST

Now take time to rest with a phrase, repeating it in your heart or out loud. Choose one you are most drawn to:

- All the people came to Jesus
- What do you say we should do?
- I also don't judge you

